



Kallithea, Athens

1/2/2022

Protocol No.:120

Proclamation

10⁰ KALLITHEA RUN 2022

The “Kallithea-Moschato-Tavros Sports Association”, in collaboration with the Municipality of Kallithea and under the auspices of SEGAS, is going to host on Sunday 10th of April 2022, the 10th Kallithea Run.

All competitions will be held according to the health protocol of the General Secretariat of Sports, which concerns off-stage events and which will be updated on a regular basis according to the instructions of the Health Committee.

Runners with a valid vaccination certificate or certificate of recovery, have the right to participate in the 10 km, 5 km and 2.5 km Races.

You can see the detailed health protocol on the official website of the event www.kallithearun.gr.

Road races of 10 km, 5 km and 2.5 km

1. Road race of 10 km

Starting Time: 08:30

The route has as a starting and finishing point the front side of Davaki Square.

Route description:

Follows the streets: El. Venizelou (Thiseos Ave towards the direction of Athens), left turn at the intersection with Agion Panton Ave and movement on El. Venizelou Ave towards the direction of Piraeus, left turn at the

intersection with Isminis str and movement on El. Venizelou Ave towards the direction of Athens to Davaki Square. The route is repeated for the 2nd time.

No one will be eligible to participate in the races unless they have first registered and ensured their entry number. Runners, who will not have a participation number, will be kindly asked to respect the other participating athletes, while for safety reasons, they must not, in any case, try to run, starting or finishing with them. Runners, who are going to ignore the above instructions, will be prevented from entering at the respective points.

In order to participate in the 10 km Road Race, the participants must have completed the 12th year of age.

2. Road race of 5 km

Starting time: 10:00

The route has as a starting and finishing point the front side of Davaki Square.

Route description:

Follows the streets: El. Venizelou (Theseos Ave towards the direction of Athens), left turn at the intersection with Agion Panton Ave and movement on El. Venizelou Ave towards the direction of Piraeus, left turn at the intersection with Isminis str and movement on El. Venizelou Ave towards the direction of Athens to Davaki Square.

No one will be eligible to participate in the races unless they have first registered and ensured their entry number. Runners, who will not have a participation number, will be kindly asked to respect the other participating athletes, while for safety reasons, they must not, in any case, try to run, starting or finishing with them. Runners, who are going to ignore the above instructions, will be prevented from entering at the respective points.

In order to participate in the 5 km Road Race, the participants must have completed the 12th year of age.

3. Common Road Race 2.5 km

Starting time : 11:15

The route has as a starting and finishing point the front side of Davaki Square.

Route description:

The route of 2,5 km:

Follows the streets: El. Venizelou (Theseos) Ave on the right, to Agion Panton Street. Makes a reversal on El. Venizelou and continues to Agia Eleousa where it makes once again a reversal, ending in front of Davaki Square.

No one will be eligible to participate in the races unless they have first registered and ensured their entry number. Runners, who will not have a participation number, will be kindly asked to respect the other participating athletes, while for safety reasons, they must not, in any case, try to run, starting or finishing with them. Runners, who are going to ignore the above instructions, will be prevented from entering at the respective points.

In order to participate in the 2.5 km Road Race, the participants must have completed the 6th year of age.

ROUTES ARE MEASURED AND CERTIFIED BY AIMS AND WORLD ATHLETICS

HOW TO RECEIVE THE PARTICIPATION NUMBER

the receipt of the event's race package will take place at the Registration Center of the event, the day before the race from 10.00 hrs until 18.00 hrs in Davaki Square.

To receive the material, the runner must carry with him the email of the organization along with his participation number (which will have been already sent by the organization), his identity, the certificate of vaccination or validity.

ARRIVAL OF THE PARTICIPANTS AT THE START UP POINT

The starting point of the Road Races of 10 km, 5 km and 2.5 km, all take place in front of Davaki Square on Eleftherios Venizelos (Theseos) Ave. It is noted that the runners must be at the starting area at least **one hour before** the start of the Race. It should be taken into account that from 8:00 onwards, there will be a partial curfew on Eleftherios Venizelos Ave.

WARMING UP LOCATION

All runners will be able to warm up on Eleftherios Venizelos Ave in front and in back of the starting arch.

MANAGEMENT OF PERSONAL ITEMS & CLOTHING

Runners will have to place their personal belongings and clothing in a plastic bag that they will receive with their participation number from the Registration & Material Distribution Center in Davaki Square.

The plastic bag with the personal items -for all those runners who would prefer it, must have been delivered no later than 15 minutes before the start, in a specific, located on Davaki Square.

The receipt of the plastic bags will be done, right after the end of the race, with the help of volunteers, by the runners themselves and from the specific demarcated area, with the demonstration of the participation number.

ATTENTION: The runner must have his entry number clearly stuck on the bag. The bag must be tightly closed and must not contain money, valuables or medicines. The organizers do not bear any responsibility in case of loss of valuable items.

DURING THE RACE

SUPPLIES

Bottled water is provided to the runners of the 10 km and 5 km Road Race, both at the starting and finishing point, as well as in the middle of the route.

In addition, isotonic drinks will be available for the 10 km racers.

CHEMICAL TOILETS

Chemical toilets will be available for all participants at the starting point in Davaki Square.

TIME LIMIT FOR THE COMPLETION OF THE MATCH

The time limit for the completion of the 10 km Road Race is ninety (90) minutes, the limit of the 5 km Road Race sixty (60) minutes and the one of

the 2.5 km Road Race is thirty (30) minutes. In any case, the Games must be completed by 11:45 hrs.

PROCEDURES AFTER THE ENDING

Runners must pick up their personal belongings.

PRIZE AWARDS

Not allowed

CERTIFICATES OF PARTICIPATION

After the end of each race, the official results are announced immediately on the website of the event www.kallithearun.gr

PHOTO SERVICES

We cooperate with an official photo agency, from where all participants can obtain photographic material.

MEDICAL SERVICES

All competitors participate at their own risk.

The coordinators have no responsibility for anything might happen during the race regarding HEALTH issues.

Participants are advised to have recently undergone a medical examination.

The coordinators are not required to provide medical certificates for any athlete since they participate at their own risk while minors are participating under the responsibility of their legal guardians.

REGISTRATION IN A MATCH

Eligibility (5 km, 10 km road races)

For anyone to participate, has to be at least 12 years old.

Minor runners can participate in the "Kallithea Run" road races with the consent and signature of the printed entry form from their parents or legal guardians. This application -which can be downloaded by the official page of the event - must be completed and signed by the parents or legal guardians of the minor and submitted to the Organizing Committee upon delivery of the participation package. No entry package will be delivered to a minor runner, unless his legal guardian submits a written entry request.

Registrations must be accomplished by Sunday, April 3, 2022. However, registrations may stop even earlier, if the participation limit is reached.

Basic Registration Level - Participation Cost - Benefits

(5 km road race)

The participation cost is 12 euro for the 5 km and includes:

- **Electronic timing**
- **Participation number (bib number) with the name of the participant for all timely registrations**
- **Water, isotonic, bananas during the race and at the finish point**
- **Medical services**
- **A medal (as a souvenir)**
- **A certificate of participation (as a souvenir)**

Enhanced Registration Level - Participation cost - Benefits (5km road race)

The participation cost is 17 euro , includes all the benefits of the basic registration level and an extra T- shirt

Basic Registration Level - Participation Cost - Benefits

(10 km road race)

The participation cost is 14 euro for the 10 km and includes:

- **Electronic timing**
- **Participation number (bib number) with the name of the participant for all timely registrations**
- **Water, isotonic, bananas during the race and at the finish point**
- **Medical services**
- **A medal (as a souvenir)**
- **A certificate of participation (as a souvenir)**

Enhanced Registration Level - Participation cost - Benefits (10km road race)

The participation cost is 19 euro , includes all the benefits of the basic registration level and an extra T- shirt

How to register and participate

A. Through our website (online registration)

B. In person at the headquarters of the Kallithea Sports Center, in the Municipal Stadium of Kallithea "Gr. Lambrakis" (Monday to Friday from 17:30 -19:30)

Tel .: 210 9578388 - 6984282552.

Payment Methods

A. By credit / debit / prepaid card during your online registration.

B. By deposit in the bank account of the event in Alpha Bank.

Bank: Alpha Bank

Δικαιούχος: Φιλαθλητικός Σύλλογος Καλλιθέας Μοσχάτου Ταύρου

Account No: 993 00 2330 001622

IBAN: GR65 0140 9930 9930 0233 0001 622

ATTENTION: In order for your participation to be valid, you must pay the participation fee no later than 2 days after the submission of your participation application and definitely before the final closing of the registrations. In the part of “justification/ reason of transaction, you must state your **name** and your **registration code**. After the payment, it’s highly recommended that you send the bank receipt by e-mail to the email address **info@kallithearun.gr**

C. In cash, during your registration at the Headquarters of **Kallithea-Moschato-Tavros Sports Association**, Municipal Stadium 1 - Kallithea, inside the Municipal Stadium of Kallithea)

COMMON ROAD RACE 2.5 km

Participation right

The participation in the Road Race of 2.5km is allowed to all runners six (6) years and older. Minor runners can participate in the "KallitheaRun" road races with the consent and signature of the printed entry form from their parents or legal guardians. The application must be completed and signed by the parents or guardians and be submitted to the Organizing Committee upon delivery of the participation package. No entry package will be delivered to a minor runner unless the legal guardian submits a written entry request.

Registration methods

Registrations for the 2.5 km road race will be made exclusively through the official website of the event www.kallithearun.gr .

Participation Cost - Benefits

The Common Road Race 2.5km. are FREE with a limited number of participants and are not included:

- the electronic timing service
- certificate of participation
- T-shirt (which is possible for the runners to buy through the official website and pick it up the Saturday before the race)

Facilities of the race

- Water, isotonic, bananas during the race and at the finish
- Medical services
- Medal (as a souvenir)

AWARDS - PRIZES

All runners who finish will be offered as souvenirs a certificate and a medal.

These awards won't be offered in the 2.5 km road race.

INFORMATION

If you have any questions or queries regarding the part of registration, participation, volunteering or in general , the organization of the “Kallithea Run”, please don’t hesitate to contact us anytime at the email address: info@kallithearun.gr or filathlitikoskallitheas@gmail.com.

You can also contact us via tel: 210-9578388, 6984282552 or visit us at our headquarters (Athletic Association at the Municipal Stadium of Kallithea), Monday to Friday - 17:30- 19:30 hrs.

KALLITHEAS-MOSCHATOU-TAVROS SPORTS CLUB

Address: Municipal Stadium 1 (next to the cinema, KALYPSO) Kallithea, inside the Municipal Stadium of Kallithea.

The Organizing Committee of the Race